



# Board of Directors

## Meeting Minutes

December 14<sup>th</sup>, 2023

### Board of Directors Members Present in Person:

- **Peter Browning**, Commissioner; Skagit County, North Sound BH-ASO Board Chair
- **Cammy Hart-Anderson**, Human Services, Designated Alternate for Dave Somers, County Executive; Snohomish County
- **Jill Johnson**, Commissioner, Island County
- **George Kosovich**, Public Health, Designated Alternate for Peter Browning, Commissioner; Skagit County

### Members Present via MS Teams:

- **Cynthia Foley**, Sr. Legislative Analyst, Designated Alternate for Strom Peterson, County Council; Snohomish County
- **Nicole Gorle**, Legislative Analyst, Designated Alternate for Nate Nehring, County Council; Snohomish County
- **Jami Mitchell**, Human Services Manager, Designated Alternate for Jane Fuller, County Council; Snohomish County
- **Perry Mowery**, Behavioral Health Supervisor, Designated Alternate to Satpal Sidhu, County Executive; Whatcom County
- **Darcy Cheesman**, Legislative Aid, Designated Alternate for Sam Low, County Council; Snohomish County
- **Barry Buchanan**, County Council; Whatcom County
- **Jane Fuller**, Council Member; San Juan County
- **Pat O'Maley Lanphear**, Advisory Board Chair; Snohomish County

### North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

- JanRose Ottaway-Martin, Executive Director
- Margaret Rojas, Assistant Executive Director
- Darrell Heiner, Senior Accountant
- Charles DeElena, Operations Manager, Compliance Officer
- Joanie Wenzl, Administrative Manager

### Guests Present:

No guests were present

## **Call to Order and Introductions – Chair**

Peter Browning called the meeting to order and initiated introductions.

## **Tribal Acknowledgement – Chair**

[Tribal Behavioral Health | North Sound BH-ASO \(nsbhaso.org\)](https://www.nsbhaso.org)

The Chair read the Tribal Acknowledgement

## **Revisions to the Agenda – Chair**

The Chair asked if there were any revisions to the agenda, and there were none

## **Approval of the November 9th, 2023, Minutes, Motion #23-71 – Chair..... Attachment**

Cammy Hart-Anderson moved the motion for approval, Jill Johnson seconded, none opposed, all in favor, motion #23-71 carried.

## **Comments & Announcements from the Chair**

The SWISS group met today and will be taking behavioral health issues to the legislature. Regional coordination efforts on the most pertinent topics is the hope.

## **Reports from Members**

Board members gave updates from their respective counties regarding behavioral health happenings.

## **Comments from the Public**

There were no comments from the public, as none were in attendance.

## **Report from the Advisory Board**

Pat O'Maley Lanphear gave the report from the Advisory Board which included the following topics:

- o Kara Allen will be the new chair for 2024, Chris Garden will be the Vice-Chair
- o Budget
- o Legislative priorities and community participation will be taking place in 2024
- o Redefining the topics from the Advisory Board with various community groups and organizations
- o An additional Advisory Board Member seat is open, due to a recent resignation
- o The next meeting is January 2, 2024

The Chair asked Pat (AB Chair) to send the Clerk of the Board the counties that have open seats on the Advisory Board. Joanie will let the Board of Directors know of the openings

## **Report from the Finance Officer**

Margaret gave the Report from the Finance Officer. She spoke about the reserve funds as well as the proviso funds.

## **Report from the Governance Operations Committee**

The Ituha Facility was discussed.

A motion was made by Cammy Hart Anderson to authorize Jan Rose to negotiate funding stabilization with Pioneer and other key players and commit ASO funds up to \$250K. Peter seconded, all in favor, none opposed, motion carried.

*All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.*

## **Consent Agenda**

### **Motion #23-72**

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from November 1<sup>st</sup>, 2023, through November 30<sup>th</sup>, 2023, in the amount of \$2,610,587.86.
  
- Payroll for the month of November in the amount of \$186,375.48 and associated employer benefits in the amount of \$89,335.59

Cammy Hart-Anderson moved the motion for approval, Jill Johnson seconded, all in favor, none opposed, motion #23-72 carried

## **Action Items**

### **For Board Approval**

#### **The contracts fall into four distinct categories:**

- Health Care Authority (HCA) contracts to include funding for the period of January 1, 2024, through June 30, 2024.
- Downstream contracts for General Fund-State (GF-S) Mandatory Services (Crisis Outreach, Involuntary Treatment Act (ITA) Services, ITA inpatient, Secure Withdrawal Management and Proviso Funding)
- Downstream contracts for Substance Abuse Block Grant (SABG) Priority Services (Pregnant & Parenting Women Housing Services (PPW), Individuals using Intravenous Drugs (IUID) and Opiate Outreach)
- Downstream contracts for GF-S/SABG/Mental Health Block Grant (MHBG) Services within Available Resources (Mental Health & Substance Use Disorder Outpatient, SUD Residential, Triage Services)

The downstream contracts follow the HCA contract. The funding for the downstream contracts is included in the same amendment, which is why you will see the same numbered amendment under a different category of funding. The funding allocations for the downstream contracts will be developed over the next month.

#### **Health Care Authority**

- K-6897 Amendment is providing the GF-S funding for the period of January 1, 2024, through June 30, 2024, and Federal Block Grant funds for the period of January 1, 2024, through June 30, 2024, for ARPA funds utilization through September 30, 2025.
  - GF-S funding includes the 15% increase approved by the legislature last session and additional GF-S for a total increase of 27%.

- 988 Enhanced Crisis Funding (Proviso 112) this funding will be used to prepare teams for endorsement as a rapid response team by July 2024. The annual funding for this proviso is \$671,350.
- One-time Recovery Navigator Program (RNP) decrease of \$130,434 for HCA RNP expenses.

**Motion # 23-73**

HCA-NS BH-ASO-K-6897-Amendment 1 providing the ASO GF-S funding and legislative proviso funds for the period of January 1, 2024, through June 30, 2024, and Federal Block Grant Funding for the period of January 1, 2024, through June 30, 2025, and September 30, 2025.

Barry Buchanan moved the motion for approval, Cammy Hart-Anderson seconded, all in favor, none opposed, motion #23-73 carried.

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**GF-S Mandatory Services**

The following contracts provide mandatory behavioral health services. Funding for GF-S services is allocated every six (6) months.

- Compass Health
  - Mobile Crisis Outreach Teams, ITA services, Child Youth and Family Crisis Outreach Team, Evaluation and Treatment Services, E&T Discharge Planners, Whatcom Triage;
  - Program for Assertive Community Treatment (PACT) we are adding reserve funds in the amount of \$20,090.00 for flexible spending for PACT participants, staff training and short-term housing needs. These funds will be renewed until the reserve is depleted.
- Snohomish County
  - Mobile Crisis Outreach, ITA services
  - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Volunteers of America
  - Toll Free Crisis Hotline
  - Crisis follow-up Services
- Telecare
  - Evaluation and Treatment Services, E&T Discharge Planners
- Lifeline Connections
  - PACT we are adding reserve funds in the amount of \$47,500 for flexible spending for PACT participants, staff training and short-term housing needs. These funds will renew until the reserve is depleted.
- Snohomish County Superior Court
  - Juvenile Treatment Services
- Island County
  - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- San Juan County
  - Proviso Funding-Jail Transition Services, Designated Cannabis Account
- Skagit County
  - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Whatcom County
  - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds

**Motion #23-74**

NS BH-ASO-Compass Health-ICCN-23 Amendment 3 to provide funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-VOA-ICCN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Telecare-ICCN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-ICN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County Superior Court-ICN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-San Juan County-ICN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Skagit County-Interlocal-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 30, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

[Jill Johnson moved the motion for approval, Jane Fuller seconded, all-in favor, motion #23-74 carried.](#)

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### **Substance Abuse Block Grant (SABG) & Mental Health Block Grant (MHBG) Priority Services**

The following contracts are providing SABG priority Services:

- Brigid Collins
  - Pregnant and Parenting Women (PPW) Housing Support Services
- Evergreen Recovery Centers
  - PPW Housing Support Services
- Catholic Community Services
  - PPW Housing Support Services

- Compass Health
  - San Juan HARPS subsidies
  - Certified Peers on Mobile Crisis Teams
- Island County
  - Opiate Outreach, HARPS subsidies
- Community Action of Skagit County
  - Opiate Outreach
- Snohomish County
  - Opiate Outreach
- Whatcom County
  - Opiate Outreach
- Telecare Corp.
  - Peer Bridger Program, Peer Bridger Participant Relief Funds

**Motion # 23-75**

NS BH-ASO-Brigid Collins-ICN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-ERC-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-CCS NW-ICN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-ICCN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-CASC-ICN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Telecare-FBG-23 Amendment 2 to provide additional funding to Peer Bridger services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

[Jill Johnson moved the motion for approval, Cammy Hart-Anderson and Jane Fuller seconded, all-in favor, motion #23-75 carried.](#)

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**GF-S/SABG/MHBG Services within Available Resources**

- Compass Health
  - SUD outpatient services in San Juan County
  - Whatcom County Triage
- Conquer
  - Startup funds in the amount of \$710,532 for the Assisted Outpatient Program in Snohomish County
- Evergreen Recovery Centers
  - Withdrawal Management Services
  - Mental Health Infant Specialist
  - Homeless Outreach and Stabilization Team (HOST)
- Island County
  - Co-Responder project
- Lake Whatcom Center
  - PACT we are adding reserve funds in the amount of \$73,205.50 for flexible spending for PACT participants, staff training and short-term housing needs. These funds will be renewed until the reserve is depleted.
  - Mental Health outpatient services
  - Substance Use outpatient services
- Pioneer Human Services
  - Island, Skagit & Whatcom withdrawal management services
- Snohomish County
  - Co-Responder project
- Whatcom County
  - Co-responder project

**Motion # 23-76**

NS BH-ASO-Compass Health-ICCN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Conquer Addiction-ICN-23 Amendment 1 to provide start-up funds for AOT services in Snohomish County. The contract term is August 1, 2023, through July 31, 2024, with an automatic one-year renewal on August 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-ERC-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 3 to provide the funding for co-responder services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-LWC-ICN-19-22 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-PHS-ICN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 2 to provide the funding co-responder services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Jill Johnson moved the motion for approval, Barry Buchanan seconded, all-in favor, none opposed, motion #23-76 carried

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**Motion: #23-77**

To approve the North Sound BH-ASO 2023 Operating Budget

[Recommended 2024 Budget with COLA-Final updated.pdf \(nsbhaso.org\)](#)

Perry Mowery moved the motion for approval, Jill Johnson seconded, all in favor, none opposed, motion #22-77 carried

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## Introduction Items

### Recovery Navigator Program (RNP)

- o North Sound holds a large reserve of RNP funds. We have reached out to our RNP providers to inquire whether they can use one-time funding for the programs. We have received requests from all five programs and are amending the contracts to add the six-month allocations of their requests. These funds will be renewed until the reserve is depleted.
- The funding will be renewed every 6 months until it is spent down, to date we have approximately \$3,000,000 in reserves. The providers have requested a total of \$2,915,000.00.
  - o Island County - 6-month allocation \$92,500.00
  - o San Juan County (Compass Health) - 6-month allocation \$125,000.00
  - o Skagit County (Community Action of Skagit County) – 6-month allocation \$55,000.00
  - o Snohomish County – Total Request \$ 6-month allocation \$93,500.00
  - o Whatcom County – Total Request \$ 6-month allocation \$154,000.00

### Motion #

North Sound BH-ASO-Island County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Island County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Community Action of Skagit County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Skagit County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Compass Health-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in San Juan County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Whatcom County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Whatcom County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Snohomish County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Snohomish County. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

**Discussion Item:** Chair and Vice Chair for 2024

Nominations were presented for Chair and Vice Chair for 2024.

A motion was made for Barry Buchanan to be Chair for 2024, Jane Fuller to be Vice-Chair and Peter Browning to fill in as needed. Jill Johnson moved the motion for approval, Cammy Hart-Anderson seconded, all-in favor, none opposed, motion carried.

**Report from the Executive Director**

- Crisis Metrics Report
- Tulalip Tribal DCR Update
- Update on 1688
- Opioid Abatement Council
- Skagit County Prosecuting Attorney’s Office
- Additional Update: Co-Responder’s Program (Representative Davis has begun conversations)

Peter Browning thanked the ASO Staff for assisting him while he chaired the ASO Board Meetings. He also affirmed JanRose in her new leadership role as the ASO’s Executive Director.

**Adjourn:** 2:45 p.m.

*Next Meeting:* January 11<sup>th</sup>, 2024

Respectfully Submitted,

Joanie Wenzl  
Clerk of the Board

APPROVED